

INFORMED CONSENT FOR TIRZEPATIDE AND SEMAGLUTIDE

Overview: Compounded Tirzepatide and Semaglutide are injectable prescription medications intended to help adults with obesity (BMI ≥ 30) or excess weight (BMI ≥ 27) who have weight-related medical issues to lose weight and maintain that weight loss. Both medications should be used alongside lifestyle changes, a nutrient rich diet and increased hydration and physical activity.

GLP-1/GIP medications may be prescribed off label to help manage inflammation-related conditions. These treatments work by enhancing insulin secretion, decreasing appetite, and potentially reducing inflammation.

Important Considerations:

- Semaglutide and Tirzepatide **should** be used in conjunction with lifestyle changes.
- Tirzepatide and Semaglutide **should not** be used with other Tirzepatide-containing products or GLP-1/ GIP receptor agonists.
- The safety and efficacy of the medication when combined with other weight loss products are not established.
- The safety of the medications in individuals with a history of pancreatitis is unknown.
- It is not approved for use in children under 18.

Common Risks and Complications:

Nausea	Constipation	Dizziness	Tiredness (fatigue)	Stomach (abdomen) pain
Diarrhea	Gas	Heartburn	Feeling bloated	Stomach flu
Vomiting	Headache	Belching	Upset stomach	Runny nose or sore throat

Serious Risks and Complications:

- Thyroid Tumors: Possible thyroid tumors, including cancer. Notify your doctor if you notice any symptoms such as a lump in the neck or difficulty swallowing.
- Pancreatitis: If you have severe abdominal pain stop using medication and contact your doctor.
- Gallbladder Issues: Possible gallstones. Report upper abdominal pain or jaundice to your doctor.
- Hypoglycemia: Increased risk in patients with type 2 diabetes. Report any dizziness and/or confusion to your doctor.
- Kidney Problems: Dehydration from nausea, vomiting, or decreased water intake may worsen kidney function.
- Allergic Reactions: Call 911 if you suspect you are having a severe allergic reaction.
- Vision Changes: Report any vision changes to your doctor.
- Increased Heart Rate: Inform your doctor of any persistent rapid heart rate.
- Mental Health Changes: Monitor for any new or worsening mental health symptoms.

Consent Acknowledgment:

Please read and initial the following:

1. _____ I have received an explanation of Tirzepatide and Semaglutide in terms I understand.
2. _____ I have been informed of alternative options and their benefits and drawbacks.
3. _____ I understand that the FDA has approved Tirzepatide and Semaglutide only for certain adult populations (BMI ≥ 27 for Semaglutide and BMI ≥ 30 for Tirzepatide and Semaglutide). Any other use is considered off-label.
4. _____ I acknowledge the risks and complications outlined above for both medications.
5. _____ I understand and accept the most serious risk and complication of Semaglutide or Tirzepatide injection(s) include but are not limited to:

Nausea	Constipation	Dizziness	Tiredness (fatigue)	Stomach (abdomen) pain
Diarrhea	Gas	Heartburn	Feeling bloated	Sore throat
Vomiting	Headache	Belching	Upset stomach	Runny nose

6. _____ I understand and accept the most serious risks and complications of Semaglutide and Tirzepatide injection(s) include but are not limited to:

Possible Thyroid Tumors, Including Cancer:

Tell your doctor if you get a lump or swelling in your neck, hoarseness, trouble swallowing, or shortness of breath. These may be symptoms of thyroid cancer. In studies with rodents, Semaglutide and medicines that work like Semaglutide caused thyroid tumors, including thyroid cancer. It is not known if Semaglutide will cause thyroid tumors or a type of thyroid cancer called medullary thyroid carcinoma (MTC) in people.

Inflammation of Your Pancreas (Pancreatitis):

Stop using Semaglutide or Tirzepatide and call your doctor right away if you have severe pain in your stomach area (abdomen) that will not go away, with or without vomiting. You may feel the pain from your abdomen to your back.

Gallbladder Problems:

Semaglutide or Tirzepatide may cause gallbladder problems, including gallstones. Some gallstones may need surgery. Call your doctor if you have symptoms such as pain in your upper stomach (abdomen), fever, yellowing of the skin or eyes (jaundice), or clay-colored stools.

Increased Risk of Low Blood Sugar (Hypoglycemia):

There is an increased risk of low blood sugar in patients with type 2 diabetes, especially those who also take medicines for type 2 diabetes such as sulfonylureas or insulin. This can be both a serious and common side effect. Talk to your doctor about how to recognize and treat low blood sugar and check your blood sugar before you start and while you take Semaglutide or Tirzepatide. Signs and symptoms of low blood sugar may include:

anxiety	hunger	weakness	drowsiness	mood changes
irritability	confusion	shakiness feeling jittery	light-headedness	slurred speech
sweating	headache	dizziness	blurred vision	fast heartbeat

Kidney Problems (Kidney Failure):

In people who have kidney problems, diarrhea, nausea, and vomiting may cause a loss of fluids (dehydration), which may worsen kidney problems. It is important for you to drink fluids to help reduce your chance of dehydration.

Serious Allergic Reactions:

Stop using Semaglutide or Tirzepatide and get medical help right away if you have any symptoms of a serious allergic reaction, including swelling of your face, lips, tongue, or throat; problems breathing or swallowing; severe rash or itching; fainting or feeling dizzy; or very rapid heartbeat.

Change in Vision in People with Type 2 Diabetes:

Tell your doctor if you have changes in vision during treatment with Semaglutide or Tirzepatide.

Increased Heart Rate:

Semaglutide or Tirzepatide can increase your heart rate while you are at rest. Tell your doctor if you feel your heart racing or pounding in your chest and it lasts for several minutes.

Depression or Thoughts of Suicide:

You should pay attention to any mental changes, especially sudden changes in your mood, behaviors, thoughts, or feelings. Call your doctor right away if you have any mental changes that are new, worse, or worry you.

1. _____ I understand Semaglutide or Tirzepatide should not be used if:
 - a. I or any of my family have ever had a type of thyroid cancer called medullary thyroid carcinoma (MTC), or if I have an endocrine system condition called Multiple Endocrine Neoplasia syndrome type 2 (MEN 2).
 - b. I have had a serious allergic reaction to Semaglutide or any of the ingredients in Semaglutide or Tirzepatide.
2. _____ I understand I must tell my doctor if I have any medical conditions, including but not limited to if I:
 - a. Have or have had problems with my pancreas or kidneys.
 - b. Have type 2 diabetes and a history of diabetic retinopathy.
 - c. Have or have had depression, suicidal thoughts, or mental health issues.
 - d. Am pregnant or plan to become pregnant.
 - *Semaglutide and/or Tirzepatide may harm your unborn baby. You should stop using Semaglutide or Tirzepatide 2 months before you plan to become pregnant.
 - e. Am breastfeeding or plan to breastfeed.
 - *It is not known if Semaglutide or Tirzepatide passes into breast milk.



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3. _____ I understand I must tell my doctor about all medicines I take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Semaglutide and Tirzepatide may affect the way some medicines work, and some medicines may affect the way Semaglutide or Tirzepatide works. Semaglutide and Tirzepatide slow stomach emptying and can impact medicines that need to pass through the stomach quickly.
4. _____ I understand and accept the less common complications, including the remote risk of death or serious disability, that exists with these medications.
5. _____ I am aware and accept that no guarantees about my results from using Semaglutide or Tirzepatide have been made or implied.

Signature: _____ Print Name: _____

Date: _____